

## **Community Health**

Advanced, Liberal, 4 credits

Community Health is considered to be an advanced level knowledge that is liberal. It represents higher level theory and concepts that human service workers have acquired through applied practice. Advanced level knowledge indicates that you are able to use terminology, concepts, and theory in an applied way. Community Health is more often about why we do things (i.e., liberal) and not necessarily how we do things (i.e., non-liberal). At Empire State College, the Community Health course is offered at the advanced level.

Please use the questions below to structure your PLA submission on the topic of Community Health. Copy each question and respond directly below it. If you utilize an outside source, such as a website or a book, make sure to reference this in your response. The responses to the questions should be submitted in a Word document and uploaded in PLA Planner. In PLA Planner, you would list the topic as Community Health, asking for 4 credits, and designate this as Advanced Level and Liberal.

Please note – responding to these questions is not a guarantee of credit. You will still be expected to speak with an evaluator and answer any supplemental questions that they may have. The evaluator would then make a credit determination.

### **Questions for Students to respond to**

**We suggest you save this document with your name and the title of the PLA (e.g., Smith Community Health PLA) and answer beneath each question below.**

Name:

ID:

PLA Title: Community Health

Number of Credits Requested: 4

Type: Advanced, Liberal

1. Briefly describe your experiences working in community health.
2. Explain the concepts and principles of community health. Please remember to cite references that you may use.

3. Discuss the different types of obstacles faced when providing community health services. Please provide examples based on your own experiences or those of someone else that you have worked with.

4. Define and provide an example for the following terms. Please remember to cite references that you may use.

- Epidemiology
- Prevalence and incidence
- Disease transmission
- Tracking
- Reporting, measuring, and classifying
- Primary, secondary, and tertiary prevention as it applies to communicable and non-communicable diseases

5. Identify and analyze an example of a community health program of your choice.

- Identify a community health program
- Describe the community health program, the service it provides, who it provides services to, and where it provides services
- What marginalized, vulnerable, and/or oppressed populations does this program help to serve and how?
- What gaps or need does the program fill in the community?
- What is a strength of this community health program?
- What is a weakness of the community health program?
- What is an area that you would like to see improved in the community health program and how?

6. Please list any workshops or trainings that you have taken for community health.