

Mental Illness in Children and Adolescents

Advanced, Liberal, 4 credits

Mental Illness in Children and Adolescents is considered to be an advanced level knowledge that is liberal. It represents higher level theory and concepts that human service workers have acquired through applied practice. Advanced level knowledge indicates that you are able to use terminology, concepts, and theory in an applied way. Mental Illness in Children and Adolescents is more often about why we do things (i.e., liberal) and not necessarily how we do things (i.e., non-liberal). At Empire State College, the Mental Illness in Children and Adolescents course is offered at the advanced level.

Please use the questions below to structure your PLA submission on the topic of Mental Illness in Children and Adolescents. Copy each question and respond directly below it. If you utilize an outside source, such as a website or a book, make sure to reference this in your response. The responses to the questions should be submitted in a Word document and uploaded in PLA Planner. In PLA Planner, you would list the topic as Mental Illness in Children and Adolescents, asking for 4 credits, and designate this as Advanced Level and Liberal.

Please note – responding to these questions is not a guarantee of credit. You will still be expected to speak with an evaluator and answer any supplemental questions that they may have. The evaluator would then make a credit determination.

Questions for Students to respond to

We suggest you save this document with your name and the title of the PLA (e.g., Smith Mental Illness in Children and Adolescents PLA) and answer beneath each question below.

Name:

ID:

PLA Title: Mental Illness in Children and Adolescents

Number of Credits Requested: 4

Type: Advanced, Liberal

1. Briefly describe your experiences working with children and adolescents with mental illness.

2. Please list any workshops or trainings that you have taken for working with children and adolescents with mental illness.

3. Identify and explain 3 common mental health issues that children and/or adolescents experience. Please use references to support your thoughts; make sure to cite appropriately.

4. What interventions or services help children or adolescents with emotional or behavioral health issues? Identify three interventions or services. For each intervention or service, please identify resources to support its use; make sure to cite this appropriately.

5. Briefly describe the differences between the types of practitioners (i.e., psychiatrist, social worker, psychologist, counselor, etc.) that work with children and adolescents with mental illness.

6. Based on the environment or situation that you have experience in, how do you differentiate between behavior that is specific to typical developmental stages and behavior that requires intervention? Please use references to support your thoughts; make sure to cite appropriately.

7. Explain the external factors that may influence the child and adolescent's behavior, functioning, and emotional state. What have you seen or experienced that put children or youth at higher risk for mental health issues?